



The
IN & OUT
Naval and Military Club

Reciprocal Club

Information Sheet

“A place of calm and sanctuary, known for its vibrant atmosphere and social events, with superb dining, banqueting and bar facilities that are complemented by lavish State rooms and a blissful courtyard....”

GENERAL INFORMATION



St James's Square Entrance

Naval and Military Club
No 4 St. James's Square
London
SW1Y 4JU

Telephone: (+44) 20 7827 5757

Membership Secretary: Ms Julie Kerckhove (+44) 20 7827 5748

Reservations Manager: Miss Marta Wyszynska (+44) 20 7827 5757

Health Club: Nordic Balance (+44) 20 7827 5735

Fax: (+44) 20 7827 5740

www.theinandout.co.uk

Club Secretary: Mr Anthony Lee

LOCATION

The Clubhouse is located minutes away from Piccadilly Circus.

Airports: 30 minutes from Heathrow; 60-70 minutes from Gatwick and 35 minutes from City Airport.

Car Parking is available on St James's Square for a charge.

(Before 8.30 and after 18.30, Sunday and Bank Holiday parking is free on metered bays)

DRESS CODE

In the front of the house, including the bars and Coffee Room, jackets and tie (or ladies equivalent) are required. Military uniform is also permitted.

Casual dress may be worn in the Courtyard, Business Centre and Gym. Please refer to our website for the detailed dress code.

MOBILE TELEPHONES & AUDIBLE DEVICES

The use of mobile telephones and audible devices is strictly prohibited in all main areas of the Club except in your own bedroom, and in the Business Centre.



Front Reception area



Inner Hall

AMENITIES



Health Club

HEALTH CLUB

The Health Club, including the Swimming Pool, is open from 07.00 to 23.00 on both weekdays and weekends and is available for Reciprocal Club guests for £10 per day with a maximum use of 12 times a year. Reciprocal members wishing to use these facilities for a longer period are requested to contact the Health Club to discuss options in this regard.

(Children under 16 must be accompanied by an adult when using the Health and Leisure Club and are not permitted in the sauna)



Swimming Pool

SQUASH COURT

A Squash Court, with separate changing facilities, is available on the fourth floor. Players are required to book with the Health Club and pay £6.00 per 20min for the lighting.

THE BARBER'S SHOP

Our Club Barber is available by appointment on Tuesday, Wednesday and Thursday from 10.00 to 16.00

Shampoo & haircut -£22.00

MEMBERS' BUSINESS CENTRE

- Five PCs and a colour printer;
- Wi Fi;
- Relaxed dress code;
- Mobile telephones and laptops permitted.



Members' Business Centre

LIBRARY:

Please note Reciprocal Club guests are not permitted to check books out of the Library.



The Library

ACCOMMODATION

A letter of introduction must be e-mailed to reservations@theinandout.co.uk or to club@theinandout.co.uk prior to arrival and a copy presented on check in, together with their Club Membership Card.



Canning Suite

ACCOMMODATION RATES (As at 20th February 2018)

Check In: 15:00

Check Out: by 11:00 on the day of departure

ROOM TYPE	Monday to Thursday
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Canning Suite	£355
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Four poster bed with en-suite
Adjoining rooms available for nanny and children.



Director's Double

Director's Double	£325 (double occupancy)
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Elegant and spacious en suite rooms
Each designed in their own
Unique style

	£285 (single occupancy)
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Twin/Double	£235 (double occupancy)
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Excellent, value for money,
Well appointed en suite rooms

	£205 (single occupancy)
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Standard Double

Superior Single	£185
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Spacious en suite single rooms

Officer's Cabin	£155
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Comfortably sized, en suite single rooms.



Superior Single

Club Cabin	£135
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Our smallest rooms; quirky but
well equipped; also en suite



Superior Single

ACCOMMODATION FACILITIES

- Modern en-suite bathrooms;
- Inclusive of continental breakfast;
- Cable television;
- Wifi;
- Laundry service;
- Choice of newspaper;
- Coffee facilities



Club Cabin

WEEKEND RATES (per night)

Room Type	1 night	2 nights	3 nights
Canning Suite	£260	£230	£190
Director's Double	£190	£170	£150
Twin & Doubles	£150	£140	£130
All Singles	£130	£120	£110

Please note all cancellations need to be made in writing or by email before 12:00 on the day prior to the date of arrival. Failure to do so may result in the levy of a non-arrival charge up to the full cost of the Bedroom.

DINING

Meals may be taken in the Coffee Room or The Goat from Monday to Friday. A lunch time menu is available in the Canning Room at weekends. There are two bars; the Long Bar and the Canning Room. Waiter service from the bars may be obtained in the Library, the Inner Hall and the Courtyard. The Club also provides an “Out of Hours Bar” which is located at the Babmaes Reception and is open when all other Club bars are closed.



The Coffee Room

COFFEE ROOM

The elegant surroundings of the Coffee Room, along with the magnificent view overlooking St James’s Square, provide a perfect setting for the fine dining experience that awaits our Members. Whether it’s for lunch or dinner, choose from the à la carte or Club menu or opt for the daily roast from the carving trolley and complement this with a bottle or two from our fine wine cellar



The Goat Bar

Breakfast

Monday to Friday: 07.00 to 09.30, Saturday, Sunday and Bank Holidays:
08.00 to 11.00

Lunch

Monday to Friday: 12.30 to 14.15 (last orders)

Dinner

Monday to Friday: 19.00 to 21.15 (last orders)



The Courtyard

THE GOAT

A relaxed environment with a contemporary feel, this is the place for Members to enjoy a quick bite and a relaxing drink, perhaps after a business meeting, a work out or a swim in the adjacent leisure area. It also provides a comfortable haven to watch all the major sporting events aired on a large screen TV. Choose from a wide selection of beverages and hot and cold dishes.

Monday to Friday: 07.00 to 21.30 Saturday, Sunday and Bank Holidays:
11.00 to 19.00



The Canning Room

THE CANNING ROOM

The Canning Room has a special weekend menu available on Saturday, Sunday and Bank Holidays: noon to 14.15 (last orders)